



RULES FOR KIDS NIGHT OUT

1. Treat each other and Coaches with kindness and respect.
2. Keep hands, feet, and body to yourself.
3. No hitting, wrestling, rough-housing, or fighting.
4. Treat the gym and equipment with respect.
5. Do not climb over the wall.
6. Go feet-first down the slide, no flipping or walking up slide.
7. Keep both hands on the bars, no hanging upside-down.
8. Stay in the gym until you are signed out by a parent.
9. No swearing or bullying.
10. No alcohol, drugs or tobacco products.

**PLEASE ASK A COACH FOR HELP AT ANYTIME –
WE ARE HERE TO HELP YOU STAY SAFE AND
HAVE FUN!**